



Join us for a virtual **VA Be Connected Community Mental Health Summit**, focused on Arizona's 500,000+ service members, veterans, their families and communities.

October 21, 2020 | 8:00 - 11:15 am

Location: Virtual Conference Center

What is the VA community mental health summit?

Normally, summits are held annually in northern, central and southern Arizona by the area's regional VA Health Care System. This year, due to COVID-19, all three VA Health Care Systems are partnering to hold one virtual summit, in partnership with Arizona's Be Connected program.

The summit provides the opportunity to hear from VA and Be Connected leadership, learn about an array of topics focused on health and wellbeing and connect to what is happening statewide and regionally.

Who can attend?

Everyone in the community with an interest in and concern about the mental health and wellness of our military, veteran and family population.

This includes service members, veterans, family members, as well as representatives of mental health & physical health providers, community organizations, faith-based organizations, government agencies, tribal organizations, first responders, educators, employers and more.

How do I participate?

Register online: <https://2020AZSummit.eventbrite.com>

The link to participate will be sent via email closer to the summit.

Questions? Email events@arizonacoalition.org

PRESENTED IN PARTNERSHIP BY:



VA



• Phoenix • Tucson • Prescott
• Phoenix Regional Office



Need connection to resources and support? Contact Be Connected at **1-866-4AZ-VETS (429-8387)**. Available to all service members, veterans, family members and helpers.



VA Be Connected Community Mental Health Summit

October 21, 2020 - AGENDA

7:45 - 8:00

Participant Login

8:00 - 9:00

Opening Ceremony & General Session

Remarks from Be Connected partner leadership, including VISN Director Michael Fisher.

9:05 - 9:50

Breakout Sessions (choose one)

- SAVAHCS Mental Health COVID Response
- Intimate Partner Violence (IPV) (and COVID)
- COVID and Homeless and Those at Risk for Homelessness
- Northern AZ Homelessness Challenges and Solutions
- Threat Assessment and Threat Management: Current Best Practice and Application in VHA
- Opioids and the Brain
- Caregiver Support Expansion
- Rural AZ: Building Capacity to Be Connected
- Mindfulness, Self-Care, and Whole Health
- "Getting to Zero" Suicide Prevention and Postvention
- Veteran Employment- Southern/ Central
- Workplace Violence
- Veteran Employment- Northern (Get Back To Work, VHA Vocational Rehabilitation, U.S. Vets HVRP Program) Kelly Anne Wilde
- Peer Support Panel
- It Takes a State, not a Village (Be Connected Panel)

9:50 - 9:55

Break

10:00 - 10:45

Breakout Sessions (repeat of above sessions, choose one)

10:45 - 11:15

General Session Discussion & Wrap Up

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