

MILITARY IMMERSION TRAINING FEB 9-10, 2011 - PHOENIX

CIVILIANS...have you ever wondered what it's like to be in the military?

You are invited to join in a unique experiential learning event that will increase your understanding of military culture and the impact of service, deployment and reintegration on service members and their families.

- -Stay overnight at a military base.
- -Interact with service members and learn about the military world.
- -Get up close to military vehicles and equipment.
- -Gain new insight into how best to assist and support service members, veterans and families.

YOU WILL LIVE IT...YOU WILL LEARN IT - Equip yourself and your organization to provide the best care and support possible to our service members and their families!

WHO SHOULD ATTEND? Health, behavioral health, social service and community providers. *Organizations are encouraged to send 2-4 representatives to the training!*

www.ArizonaCoalition.org / info@arizonacoalition.org

PLANNING PARTNERS











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EVENT LEARNING OBJECTIVES

- 1. Strengthen Arizona's capacity to serve and support the military and veteran population by increasing the number of civilian providers trained in military/veteran culture.
- 2. Equip civilian health, behavioral health and support service providers with knowledge and skills that increase their ability to provide high quality care and support to the military and veteran population.
- 3. Promote the provision of integrated care and support by connecting civilian providers to military and veteran resources and treatment providers.

AGENDA

(Please note that start and end times will remain but content is subject to change.)

Wed, Feb 9th		Thurs, Feb 10th	
1200 - 1300	Arrival & Registration		Morning Physical Training (PT)
1315 - 1445	Opening ceremony	0700 - 0900	Breakfast, personal time & inspection
1445 - 1530	Divide up into platoons	0900 - 1000	Video & discussion with platoons
1530 - 1700	Boots on the Ground	1015 - 1115	Briefing - key issues & resources
1730 - 1900	Dinner	1130 - 1230	Lunch
1900 - 2200	Evening activities	1300 - 1400	Equipment & personnel
2200	Lights out	1500 - 1600	Closing/After Action Review (AAR)

LOCATION

The training will take place at the Arizona National Guard Joint Force Headquarters at 52nd Street and McDowell Road in Phoenix, Arizona. Security and driving/parking directions will be provided to attendees prior to the event. Please note that at the beginning of the training you will be asked to sign a liability waiver and a media release for the event. If you have any questions about this, please contact us.

REGISTRATION

Registration fees include all meals (dinner, breakfast, lunch, snacks), one night of lodging and all materials. Payment can be made by cash, check or purchase order. Continuing Education Units may be available for some professions, pending approval. Updates will be posted on the Arizona Coalition for Military Families website.

Early bird registration (before 1/28) \$45 **Regular registration** (after 1/28) \$55

If you would like to attend this event, but cost is a barrier, please contact us about the availability of scholarships.

Register online at: http://acmfmilitaryimmersion.eventbrite.com

CONTACT INFO

For more information please see the attached Q & A or email info@arizonacoalition.org.

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EVENT Q & A

The civilians on our planning team had the opportunity to attend an Immersion Training in another state. We picked up some tips along the way that may be helpful to you as you prepare (a.k.a. things we wish we had known).

WHERE WILL WE STAY?

Lodging is in National Guard barracks with separate areas for men and women. The facilities include bathrooms and showers that are shared but private. We know that one night of communal living may not be the most comfortable thing for everyone, but this is only for one night and it will give you a better understanding of how our service members live day in and day out. Think of it as one night at military camp!

WHAT IF I CAN'T PHYSICALLY DO ALL OF THE ACTIVITIES?

This event is not designed to be a physical fitness test. We recognize that attendees will have different physical capabilities and all activities can and will be modified so all can participate. Please don't let concerns about physical fitness prevent you from participating!

WHAT SHOULD I BRING TO THE TRAINING?

Shoes - comfortable and closed toe and a pair of athletic shoes

Clothing - the attire for the training is casual - in addition to regular clothing (jeans, etc.) please bring clothes to workout in and sleepwear

Personal items - water bottle, towel, soap, robe, shower shoes, pad lock, toiletries, mirror - *note there* is limited time/space for getting ready in the morning

Activities - e.g. cards, ipod, books, games

Bedding - unfortunately we don't have access to the itchy army blankets, so we ask that you bring your own sleeping bag and pillow

PLEASE DO NOT BRING: Valuables, weapons or illegal substances

WILL THERE BE A LOT OF YELLING?

While the underlying purpose of this event is serious—strengthening our community's capacity to meet the needs of our service members, veterans and their families, this event is designed to be interactive and fun. You will get a slice of military life but it is not designed to scare or intimidate...just to immerse.

WHY SHOULD I ATTEND THIS TRAINING?

This is a fantastic opportunity to broaden and deepen your understanding of the military experience by living a slice of it for just 1.5 days. Throughout the training you will have access to experiences that most civilians do not have (e.g. getting up close to equipment, staying on the base, etc). You will also have the opportunity to learn from and interact with service members and family members. This training will strengthen your ability to serve and support all those who serve. And on top of all that, it will be a unique and fun experience!

Special thanks to the Arizona National Guard for their support of this capacity-building training.

Plan to join us for a great event...look forward to seeing you there!

If you have additional questions, please email: info@arizonacoalition.org