BE CONNECTED TRAINING MENU
The Be Connected program offers:
Training for service members, veterans, family members, providers & helpers

<table>
<thead>
<tr>
<th>Description</th>
<th>Suicide Prevention Training</th>
<th>Online Training</th>
<th>Statewide Symposium</th>
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<tbody>
<tr>
<td>Focuses on how to connect a service member, veteran or family member into the resource system, using the Resource Connection Guide &amp; Resource Match Tool.</td>
<td>Suicide prevention training focuses on the skills needed to assist a person who is experiencing a crisis or having suicidal thoughts.</td>
<td>Over 100 online courses on an array of topics focused on helping and employing service members, veterans &amp; their family members.</td>
<td>Annual conference focused on serving military members, veterans &amp; their families. Includes breakout sessions, exhibitors, networking &amp; continuing education units.</td>
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<tr>
<td><strong>Time &amp; Format</strong></td>
<td><strong>Time:</strong> Courses range from 1 hour to 2 days</td>
<td><strong>Time:</strong> 15 - 90 mins</td>
<td><strong>Date:</strong> April 15 &amp; 16, 2020 (Can attend 1 or 2 days)</td>
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<tr>
<td><strong>Format:</strong> In-person</td>
<td><strong>Format:</strong> Online or In-person</td>
<td><strong>Format:</strong> Online</td>
<td><strong>Location:</strong> Desert Willow Conference Center - Phoenix</td>
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<td><strong>Key staff and volunteers who will likely interact with military, veteran &amp; family population on a regular basis. (Recommend at least one person per program and/or site)</strong></td>
<td>All staff and volunteers.</td>
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<td>Key staff and volunteers.</td>
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<tr>
<td><strong>No cost to participate.</strong></td>
<td>Cost varies based on training course and training host. Some courses are no cost and some Be Connected training scholarships are available.</td>
<td>No cost to participate.</td>
<td>Registration fees are $120 - $240. Discounts for groups, partners and navigators. Scholarships are available.</td>
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<tr>
<td><strong>View upcoming training dates and register:</strong> <a href="http://arizonacoalition.org/calendar">http://arizonacoalition.org/calendar</a></td>
<td>See page 2 of this training menu for available training options.</td>
<td>Create an account to access online courses: <a href="http://bit.ly/acmftraining">http://bit.ly/acmftraining</a></td>
<td>More information and registration link: <a href="http://www.ArizonaCoalition.org/Symposium">www.ArizonaCoalition.org/Symposium</a></td>
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To request training, please submit a training request form at: https://form.jotformpro.com/arizonacoalition/beconnectedtraining
The following are options for suicide prevention training for you and your organization:

**ASIST**
(Applied Suicide Intervention Skills Training) - ASIST is a 2-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

**Logistics:** Open to anyone over the age of 16. No previous experience required. There may be a cost for this training. Be Connected scholarships may be available.

**Additional information:**
[https://www.livingworks.net/asilst](https://www.livingworks.net/asilst)

**SafeTALK**
safeTALK is a half-day in-person alertness training that prepares participants to become a suicide-alert helper.

**Logistics:** Open to anyone over the age of 15. No previous experience required. There may be a cost for this training.

**Additional information:**
[https://www.livingworks.net/safetalk](https://www.livingworks.net/safetalk)

**MENTAL HEALTH FIRST AID**
The 8-hour in-person training gives participants the skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. There is also a military/veteran specific version of this training.

**Logistics:** Open to anyone over the age of 18. No previous experience required. There may be a cost for this training.

**Additional information:**
[https://www.mentalhealthfirstaid.org/](https://www.mentalhealthfirstaid.org/)