

## BE CONNECTED TRAINING MENU

The Be Connected program offers:

24/7 support at 1-866-4AZ-VETS | Resource matching at [www.ResourceCommand.org](http://www.ResourceCommand.org)

Training for service members, veterans, family members, providers & helpers



	<b>Military/Veteran Resource Navigator</b>	<b>Suicide Prevention Training</b>	<b>Online Training</b>	<b>Statewide Symposium</b>
<b>Description</b>	Focuses on how to connect a service member, veteran or family member into the resource system, using the Resource Connection Guide & Resource Network.	Suicide prevention training focuses on the skills needed to assist a person who is experiencing a crisis or having suicidal thoughts.	Over 100 online courses on an array of topics focused on helping and employing service members, veterans & their family members.	Annual conference focused on serving military members, veterans & their families. Includes breakout sessions, exhibitors, networking & continuing education units.
<b>Time &amp; Format</b>	<b>Time:</b> 3-4 hours (longer allows for more discussion) <b>Format:</b> In-person (held regularly statewide or can be provided on-site)	<b>Time:</b> Courses range from 1 hour to 2 days <b>Format:</b> Online or In-person	<b>Time:</b> 15 - 90 mins <b>Format:</b> Online	<b>Date:</b> April 17 & 18, 2019 (Can attend 1 or 2 days) <b>Location:</b> Desert Willow Conference Center - Phoenix
<b>Audience</b>	Key staff and volunteers who will likely interact with military, veteran & family population on a regular basis. (Recommend at least one person per program and/or site)	All staff and volunteers.	All staff and volunteers.	Key staff and volunteers.
<b>Cost</b>	No cost to participate.	Cost varies based on training course and training host. Some courses are no cost and some Be Connected training scholarships are available.	No cost to participate.	Registration fees are \$120 - \$240. Discounts for groups, partners and navigators. Scholarships will be available.
<b>How to Participate</b>	View upcoming training dates and register: <a href="http://arizonacoalition.org/calendar">http://arizonacoalition.org/calendar</a>	See page 2 of this training menu for available training options.	Create an account to access online courses: <a href="http://bit.ly/acmftraining">http://bit.ly/acmftraining</a>	Registration opens January 2019. <a href="http://www.ArizonaCoalition.org/Symposium">www.ArizonaCoalition.org/Symposium</a>

**To request training, please submit a training request form at:**

<https://form.jotformpro.com/arizonacoalition/beconnectedtraining>

## BE CONNECTED TRAINING MENU

The Be Connected program offers:

24/7 support at 1-866-4AZ-VETS | Resource matching at [www.ResourceCommand.org](http://www.ResourceCommand.org)

Training for service members, veterans, family members, providers & helpers

**The following are options for suicide prevention training for you and your organization:**

### ASIST

(Applied Suicide Intervention Skills Training) - ASIST is a 2-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

**Logistics:** Open to anyone over the age of 16. No previous experience required. There may be a cost for this training. Be Connected scholarships may be available.

**Additional information:**

<https://www.livingworks.net/programs/asist/>

### SafeTALK

safeTALK is a half-day in-person alertness training that prepares participants to become a suicide-alert helper.

**Logistics:** Open to anyone over the age of 15. No previous experience required. There may be a cost for this training.

**Additional information:**

<https://www.livingworks.net/programs/safetalk/>

### MENTAL HEALTH FIRST AID

The 8-hour in-person training gives participants the skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. There is also a military/veteran specific version of this training.

**Logistics:** Open to anyone over the age of 18. No previous experience required. There may be a cost for this training.

**Additional information:**

<https://www.mentalhealthfirstaid.org/>

### CALM

CALM (Counseling Against Lethal Means) is a 2-hour online course focused on how to reduce access to lethal means as a suicide prevention strategy.

**Logistics:** Targeted to behavioral health providers but open to any adult who registers on the Suicide Prevention Resource Center website. No cost to participate.

**Additional information and registration:**

<http://training.sprc.org/>

### CENTER FOR DEPLOYMENT STUDIES:

#### Identification, Prevention & Treatment of Suicidal Behavior for Service Members and Veterans

This is a 2.5-hour online course focused on a spectrum of issues relating to suicide in the military and veteran population.

**Logistics:** This course is intended for behavioral health professionals. No cost to participate.

**Additional information and registration:**

<http://deploymentpsych.org/online-courses/suicide-prevention>

**To request training, please submit a training request form at:**

<https://form.jotformpro.com/arizonacoalition/beconnectedtraining>