

# **Southern Arizona VA Health Care Tucson Arizona**

- 285 bed hospital
- 7 CBOCs
- Serves 170,000 Veterans
- Built in 1928
- Employs 2500 people
- In 2015 we treated over 9000 inpatients & completed 680,000 outpatient Visits
- Training Programs for health care professionals in every discipline



90

**Bldg. 90**

- Agave Primary Care
- CWT
- Health Care for Homeless Veterans
- HUD/VASH
- Mental Health Administration
- Mental Health Clinic
- MHICM
- SUDTP
- PRRC

NO Open 5:00  
normal hours  
Open - 8:00pm  
No service  
handicapped  
and seniors

# MENTAL HEALTH SERVICES

- Inpatient and detoxification – 26 acute care beds
- Residential Substance Abuse – 18 beds/30 days
- EBPTU-PTSD residential – 7 beds/7weeks program
- Outpatient Care- General Mental Health, Substance Abuse, PTSD/MST, Psychological and Neuropsychological testing
- Recovery & Rehabilitation- employment, housing and intensive case management and medical care, Veterans Justice and PRRC (intensive outpatient recovery program)
- Integrated medical care for Vets with SMI- Agave Clinic
- HPACT- Health care for Homeless Veterans

# “Providing Mental Health Care for the Southern Arizona VA Health Care System”

Mental health problems can arise from physical, psychological, personal, and social experiences, or a combination of them. The Southern Arizona VA Health Care System has organized a comprehensive array of services and programs to help Veterans treat these troubling difficulties. Most mental health care is delivered more effectively on an outpatient basis, but acute inpatient care is also available.

## Outpatient Treatment Programs:

### Substance Use Disorder Treatment Program (SUDTP) - Building 90 ★

Offering supportive outpatient and evening programs for Veterans who are interested in a program of recovery.

*For more information:*  
(520) 792-1450, Ext. 6581

### Homeless Program - Building 90 ★

Offering Veterans to supportive residential programs in the community, and to VA health care.

*For more information:*  
(520) 792-1450, Ext. 6584

### Psychosocial Rehabilitation and Recovery Program (PRRC) - Building 90 ★

Provides psychiatric rehabilitation services for Veterans with mental illness and chronic impairment in living skills.

*For more information:*

### • Compensated Work Therapy (CWT) - Building 90 ★

Using structured paid work experience to renew a patient's sense of achievement and personal competence.

*For more information:*  
(520) 792-1450, Ext. 6169

## Mental Health and Agave Clinic:

### • Agave Clinic - Building 90 ★

Providing medical care to select mental health patients.

*For more information:*  
(520) 629-4884

### • Mental Health Clinic - Building 90 ★

Offering multi-specialty care using medication, individual, and group psychotherapy, and stress management.

*For more information:*  
(520) 629-4884

## Inpatient Programs:

### • Acute Inpatient Psychiatry - Building 1

Using a therapeutic milieu and a structured program to help patients gain control of their lives.

*For more information:*  
(520) 629-1863

### • Detoxification - 1 West ★

Stabilizing patients withdrawing from alcohol and other substances to prepare them for rehabilitation.

*For more information:*  
(520) 629-1826

### • PTSD Residential Rehabilitation Program (PTSD-RRTP) - Building 1

These programs provide a residential environment for Veterans with PTSD including Moral Injury and Trauma (MST).

*For more information:*  
(520) 629-1863



# **Joint Incentive Fund Project (JIF)**

- **Psychiatric Inpatient Collaboration with DOD**
- **5 beds available to active duty members from surrounding bases**
- **Davis-Monthan**
- **Ft Huachuca**
- **Eligible Family members may stay at Fisher House**

# Southern Arizona Fisher House



**FISHER HOUSE**

*because* A Family's Love  
is Good Medicine



About FISHER HOUSE - The Arizona Fisher House (AZFH) provides a “home away from home” in the form of temporary free lodging for the eligible loved ones of patients who are receiving care at the VA medical center. During the first year of operation the AZFH has served approximately 450 families and hosted guests from several countries providing a stress free environment so they could be close to their loved one.

Dedicated October 13, 1928, the Southern Arizona VA Health Care System (SAVAHCS) provides comprehensive health care services to over 177,200 Veterans located in eight counties in southern Arizona and one county in western New Mexico. The SAVAHCS is also a regional referral center for VA facilities in five surrounding states.

## **Fisher House guests must meet eligibility requirements:**

**Have a loved one (Veteran/Active Duty) currently receiving inpatient care from the VA**

**Live 50 or more miles away from SAVAHCS or have a drive that is two or more hours in duration**

**Need to be medically stable and able to provide their own health care**

**If unable to do so, they must be accompanied by someone who is able to provide the necessary care**

**Able to stay in an unsupervised setting**

**Need to be 18 years or older, or accompanied by an adult**

**One room available per family**

**Guests are placed on a referral list as there are no reservations allowed**

**Referrals begin with Social Workers assigned to Veteran patients primary care teams**

**Guests must maintain their rooms**

**House keeping services provided daily in common areas and for rooms in-between guests**



# We Serve All Who Served



**Excellent care has no boundaries. VHA is committed to serving Lesbian, Gay, Bisexual and Transgender Veterans.**



**VA**  
HEALTH  
CARE

Defining  
**EXCELLENCE**  
in the 21st Century

Veterans Health Administration  
**Employee  
Education  
System**

Posters developed by the VHA Lesbian, Gay, and Bisexual training workgroup, Patient Care Services

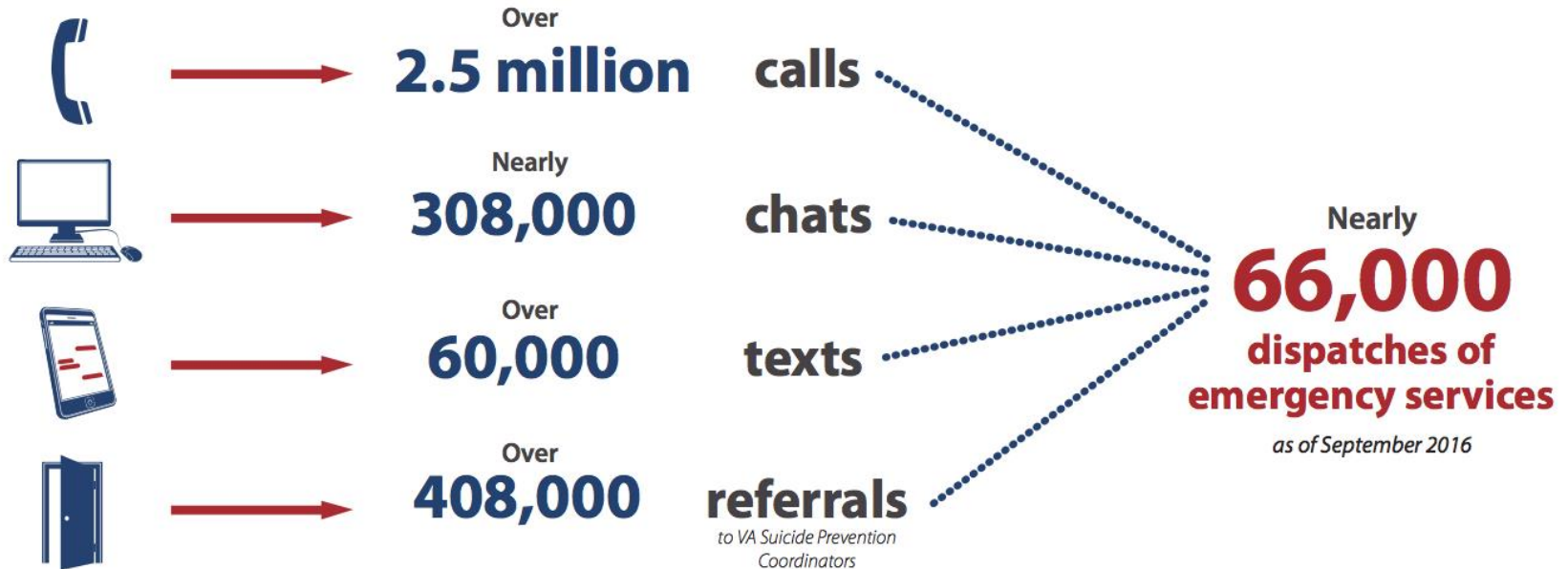
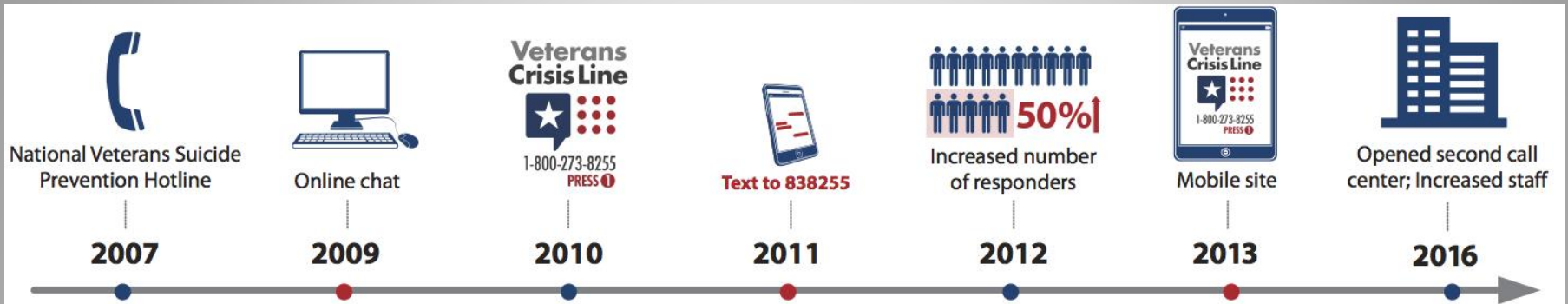
## **Transgender Care at SAVAHCS**

- Face-to-face transgender clinic (with shared medical appointment, psychology, social work, medicine, and pharmacy services) on one afternoon a month**
- Weekly transgender support group, located in the Women's Health clinic**
- Mental Health Clearance evaluation for gender re-assignment surgery**
  
- All required letters for gender transition are generated from this team.**
- Trans-Positive mental health treatment**
- We also have several providers in the community, as well as elsewhere in the US that offer surgery through Medicare.**

# **Suicide Prevention**

- **2 FTE – SP Coordinator and Clinician**
- **Track and monitor Veterans who are identified as high risk**
- **Respond to Veterans Crisis line calls**
- **Coordinate Veteran care in VA system and in community – many Veterans receive care in community**
- **REACH Vet is a new program using multivariate analysis to identify the 0.1% of Veterans at higher risk for suicide or other adverse outcomes. Veterans are offered enhancement in care based on recent psychiatric admissions or certain combinations of medications or frequent visits to ED or chronic pain or medical issues.**

# Veterans Crisis Line: 9 years of saving lives



# NAMI HOMEFRONT

- Developed to meet the unique needs of families of Service Members and Veterans who live with mental health conditions
- Six sessions taught by family members
- Education and support for family members
- In person and on line classes
- VA has an MOU with NAMI for teaching these classes at local VAMCs.

# Questions?

- Bonner Raskob LCSW
- Local Recovery Coordinator
- Evidence Based Therapy Coordinator
- Reach Vet Coordinator
- Contact information:
- Southern Arizona VA Health Care System
- 520-792-1450 x 6595
- [bonner.raskob@va.gov](mailto:bonner.raskob@va.gov)